

Youth Group covers many topics. From regular conversation, to pre-planned lessons based on group need. Some of the topics that have been discussed, outside of individual life events, include; time-management, stress, bullying, television shows, favorite movies, books, and world events.

Join us virtually for Youth Group

For date & Zoom link contact:
905-927-9276

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Family Education Resource Network
Education Engagement Empowerment



YOUTH GROUP

"As a placement student at FERN, I have been able to build strong relationships with the youth, and support them throughout my time in Youth Group. I have learned so much about them, and about myself as an educator during this time." - Mariana Ferreira, placement student

Youth Group is a great place for peers to gather and chat. It provides them with an opportunity to express themselves emotionally, while also building relationships!



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[@fern_education](https://www.instagram.com/@fern_education)



[FERN-Family Education Resource Network](https://www.facebook.com/FERN-Family-Education-Resource-Network)

program benefits and details

<https://www.fernnyorkregion.com/>



FERN has various programs that provide families with support in different ways. Youth Group provides youth with a healthy outlet to express their emotions on a weekly basis and to participate in activities that benefit them as individuals! It also gives them an opportunity to create friendships and bonds.

"When I think of facilitating Youth Group over the years the word that comes to mind is 'relational.' Creating safety and regulation through our weekly meeting supports our sense of belonging and community. It allows us all to slow down and restore. The benefits are felt by both students and staff. They are felt in the moment-to-moment interactions, in the sometimes hard discussions, through the understanding of unique differences, through caring, and through laughter. This is the strength of the group, we are all valued learners and we have found trusting relationships. We all belong."
 -Laura Cesaroni, Ph.D, RP
 FERN Clinical Director

HEAR FROM OUR FAMILIES!

"Wednesday evening is Youth Group time and nothing can cancel that. She waits eagerly and does not like that she has to leave early because of her tutor schedule. I love this as it gives her a small window into meeting other people which company she enjoys so much, even virtually. Thank you very much for this opportunity!"



"S. looks forward to every Wednesday night's youth group. She enjoys connecting with her friends and exploring topics, sharing ideas and playing games. Blue is the icing on the cake for S. and most likely all the kids. Youth group has helped the kids through Covid and helped them express their concerns regarding the pandemic with each other. Thank you for giving them an outlet to be heard."

FERN has offered College & University students various placement positions for the past 6 years! Youth Group student co-facilitator is one of the positions that has been offered.

"Through my placement at FERN, I have grown in many ways. I expanded my digital creativity skills by posting content for their social media pages, and I practiced what it could be like to lesson plan as a teacher by preparing weekly presentations for the Youth Group, a space I have loved attending every Wednesday evening. I am grateful to FERN for allowing me to combine the disciplines of communication and education for a unique and rewarding job experience."
 - Joely Brown, Placement Student